

## READING LIST for the On-Line Course in Medical Homeopathy - Foundation Level

### Guidance Notes

Our Core Texts will orientate you through your studies and provide you with some essential information. However, in themselves, they provide only a framework for learning and it is important that you engage with the ideas and methodologies from other authors, in order to get a well rounded knowledge of the subject.

We have selected a number of texts that are appropriate to this level of study and which are currently available in general publication.

We recommend that you select one of the two course readers (Section 1 below). You may choose to use the free copy of the Organon supplied as a pdf / ebook with your course materials, or you may wish to purchase the recommended translation (Section 2 below).

Polarity Analysis is currently not examinable at the level of the Primary Care Certificate, but it is proving to be a helpful method of case analysis and on-line reference resources are available for those participants who wish to apply this method in practice.

We will not study repertorisation until the 3<sup>rd</sup> month of the course, so you do not need this reader at the outset of your studies. If you choose not to explore this avenue at Foundation Level we recommend that you purchase this textbook when you progress to Intermediate studies.

Most participants value the clarity of Morrison's Desktop Companion and it can be purchased for its materia medica references in preference to Phatak (Section 4 below). Phatak, although he is more traditional than Morrison in his style, is nevertheless widely acknowledged to be a clear and concise presenter of materia medica at a level that is appropriate for those beginning their studies in homeopathic medicine. (If you wish to purchase a more extensive text that will serve you in your later studies, you may wish to consider Franz Vermeulen's *Concordant Materia Medica*.)

The two other materia medicas listed here are by Catherine Coulter and George Vithoulkas. These authors take two different approaches to learning. Coulter provides a substantial but readable narrative that can be assimilated like a novel over days or weeks. Vithoulkas' Essences are more distilled and they read more like the lecture notes that they started life as. Vithoulkas contains less illustration compared with Coulter, who garners her accounts from literature, film and popular media. Vithoulkas' Essences do, nevertheless, benefit from focus and conciseness, making them ideal for those who are short of reading time.

### THE LIST

#### Section 1. Readers / Course Companions

Kohler, Gerhard:

**The Handbook of Homeopathy: Its Principles and Practice**

(ISBN: 9780892813452)

A clear exposition of the discipline, to an appropriate level of depth for the inquiring beginner.

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Boyd, Hamish

**Introduction to Homoeopathic Medicine**

(The Beaconsfield homoeopathic library) 1 Nov 1989

Second revised edition

ISBN-10: 0906584213

ISBN-13: 978-0906584217

A lighter text for beginners. Materia medica in outline and sound basics of methodology. Referenced directly in the core text for the On-Line Foundation Course.

## Section 2. Philosophy

Hahnemann, Samuel trans. ed. Wenda Brewster O'Reilly

### **Organon of Medical Art**

Birdcage Press LLC; First Edition (30 Nov. 2001)

ISBN-10: 1889613002

ISBN-13: 978-1889613000

The Organon in an earlier translation is supplied to you as a pdf to accompany the course. This version, however, is unsurpassed in the clarity of its translation and the extra interpretative notes provided by the translator.

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## Section 3. Practical / Clinical Guides

Morrison, Roger

### **Desktop Companion to Physical Pathology**

Hahnemann Clinics Pub; Unabridged edition (1 Mar. 1998)

ISBN-10: 0963536826

ISBN-13: 978-0963536822

A well respected therapeutic guide

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Frei, Heiner:

### **Polarity Analysis in Homeopathy: A Precise Path to the Simillimum**

ISBN-10: 3955820017

ISBN-13: 978-3955820015

This method of case analysis is not fully incorporated into the examination guidelines, but is proving to be an important innovation in contemporary practice. This guide provides a clear explanation for the method and brings repertorisation into focus for all those who are serious about getting started in clinical homeopathic practice. Case analysis is introduced in months 2-4 of your course.

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## Section 4. Materia medica - General and Introductory

Phatak S.

### **Materia Medica of Homoeopathic Medicine**

Hardcover – 1 Aug 2002

Publisher: B Jain Publishers Pvt Ltd (1 Aug. 2002)

ISBN-10: 8170214459

ISBN-13: 978-8170214458

A good starter for materia medica learning and reference. The most important prescribing features for core materia medica can be found here.

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Morrison, Roger (see 3. above)

## 5. Materia Medica - Constitutional

Vithoulikas, George

### **Essence of Materia Medica**

Publisher: B Jain Publishers Pvt Ltd;

2nd Revised edition(30 July 2008)

ISBN-10: 8131902013

ISBN-13: 978-8131902011

This provides a distilled picture for many of the most important remedies in practice. Easy to read and to remember.

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Coulter, Catherine

### **Portraits of Homoeopathic Medicines: Psychophysical Analyses of Selected Constitutional Types**

Ninth House Publishing; New edition edition (1 Nov. 1998)

ISBN-10: 1576260909

ISBN-13: 978-1576260906

Memorable and engaging, this readable account of a selected group of polychrest remedies provides constitutional descriptions that are graphic and entertaining. In two volumes.

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## 6. Contemporary Ideas (Optional)

This reader is not examinable at PHCE but offer an interesting introduction to some of the newer (and arguably controversial) ideas in the field.

Sankharan R.

### **Homeopathy for Today's World: Discovering Your Animal, Mineral, or Plant Nature**

Publisher: Healing Arts Press; 1st Edition (8 July 2011)

ASIN: B01FKTHAR6

This book may feel rather abstract and speculative - depending on your current experience and knowledge of the subject - nevertheless, Sankharan alludes to the evolving art of homeopathy. He has a number of new angles on thinking and prescribing homeopathically which have some currency in modern practice.

